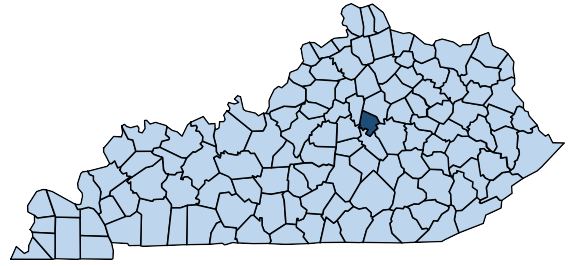


REPORT TO THE PEOPLE

Jessamine County 2023



DID YOU KNOW...

Jessamine County is the location of the first commercial winery in the US? First Vineyard is located right here in our county!



JUST A FEW OF OUR PROGRAMS



4-H
Camp



Food
Preservation



Farm
Management



Health and
Wellness



Website: jessamine.ca.uky.edu



Facebook: @JessamineCountyExtensionOffice

For More Information, Please Contact us at:

Jessamine County Extension Office • (859) 885-4811 • jessamine.ext@uky.edu
95 Park Dr., Nicholasville, KY 40356

4-H YOUTH DEVELOPMENT

4-H Camp

4-H Camp has a long-standing tradition of teaching youth the 4 elements of the circle of courage in a concentrated week. Belonging, Independence, Mastery, and Generosity are seen in every activity at camp. In a full capacity return from covid, Jessamine County had 358 total people attend camp, the second highest number on record. Of those, 2016 youth were first time campers, which is a much larger number than previous years. This year, Jessamine County 4-H partnered with Mercer County 4-H to provide a weeklong camping experience that helped campers and counselors alike learn and be a part of the 4 elements, having 458 total participants there. Prior to camp, approximately 82 teen and adult leaders went through 24 hours of training, learning leadership, problem solving and teambuilding to help campers have a successful week. One counselor said

315

Number of youth who participated in overnight 4-H Summer Camp. (Ages 9-14)

1782

Number of youth who have improved their communication skills by completing a speech, demonstration, or other public presentation.

“Through the training we participated in I was able to feel more comfortable for the camp week, and ultimately give my campers a better experience” The 82 leaders had a total of 8,280 volunteer hours for the camp week. Upon return from camp, Jessamine County 4-H had several phone calls, emails, and messages about the amazing experience each of their young people had at camp. One parent stated that this was her child’s first time away from home, and she appreciated all we did to ensure her child had a positive experience even though they got homesick. Another stated that her child says he would live at camp if he could, and that he has gained friends he knows he will have for a lifetime. A camper stated that he knows what being a good person looks like, because camp taught him to be nice to others no matter what. All in all, 2022 Summer 4-H camp was a huge success.



AGRICULTURE AND NATURAL RESOURCES

Forage Management Field Day

Growing Forages for livestock grazing and hay production is one of Jessamine County’s most important agronomic enterprises. With 62,414 acres in pastureland and 29,012 acres in hay production, Jessamine County produces more than 20,500 total head of cattle (beef and dairy)

In May 2022, the Jessamine County Extension Office hosted an in-person Summer Forage and Hay Production Field Day. Field Day was hosted at Charles and Judy Miller’s beef cattle farm and was attended by 17 producers. Dr. Jimmy Henning, University of Kentucky Extension Forage Specialist, presented information on soil fertility, weed control, harvesting at the correct stage of maturity, baling considerations, reducing loss, forage testing and economic considerations. The interactive lecture was followed by a pasture walk in which participants had the opportunity to learn forage and weed identification, pasture rotation strategies, and nutrient management.

Participants indicated that they plan to implement strategies learned to improve their pasture and hay

ground. In addition to this in-person training, Jessamine County forage producers have had opportunities to participate in numerous regional and state-wide training opportunities including the Annual Kentucky Alfalfa and Stored Forage Conference, a Novel Tall Fescue Renovation Workshop, and the Pastures Please! forage field day.



200

Number of clientele who increased agricultural knowledge due to Extension Programming.

80

Number of farmers adopting new technologies in agriculture production.

Recovering Your Finances Program at The Shepherd's House

Financial stress can put individuals in recovery from substance use disorder at risk for relapse, particularly during the early stages of recovery. This increased risk is due, in part, to the financial stress that people in recovery from substance use disorder often encounter. Through comprehensive financial education training, we can expand the capacity of recovery centers and other partners in the community that work with individuals in recovery thereby reducing the likelihood of relapse.

To address this concern, the Jessamine County Cooperative Extension Service utilized the Recovering Your Finances curriculum to help build financial capacity for those in recovery and thereby improve the efficacy of substance use recovery programs. Topics presented include budgeting and credit. The program was taught at the Shepherd's House in Nicholasville, KY on September 13th, 2022, September 20th, 2022, September 27th, 2022, and October 4th, 2022. We had nine participants at session one, seven participants at session two, five participants at session three, and six participants at session four.



Participants were asked to complete an evaluation survey following the classes. Over the series, there was a 100% response rate per class. Of each class's survey respondents, 86% indicated they increased their understanding of how to prepare a personal budget; 100% indicated they learned to identify factors that affect the cost of credit; 67% better know how to improve a credit score over time.

Survey results indicate respondents were receptive to behavior change. Of each class's respondents, 100% plan to consider wants and needs before spending; 100% plan to request a free credit report annually to review it for accuracy; 100% plan to create a written budget.

One participant took the Recovering Your Finances classes back in the Spring and shared at the first session that she had improved her credit score from the 500s to the 600s because of what she learned in the program.



120

Number of individuals who gained knowledge related to financial management.

13,500

Number of hours KEHA members volunteered in community service activities/events.

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



Facebook: @UKCooperativeExtension



Twitter: @UKExtension



YouTube: @UKAgriculture

Just a few ways Extension supports Kentucky

- **37,770** Kentucky youth applied the skills they learned in 4-H to home, school, or community.
- **240,528** Kentuckians gained information on beef nutrition, animal health, genetics, reproduction, and facility management.
- **25,300** Kentuckians reported improved knowledge regarding disaster preparedness.
- **19,395** Kentucky individuals are more likely to buy a Kentucky fruit or vegetable because of receiving Plate it up! Kentucky Proud recipe cards and sampling a recipe.
- **13,627** Kentucky youth completed a speech or demonstration.

COOPERATIVE EXTENSION



University of Kentucky Cooperative Extension

S-107 Ag Science Center North
Lexington, Kentucky 40546-0091
(859) 257-4302

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.